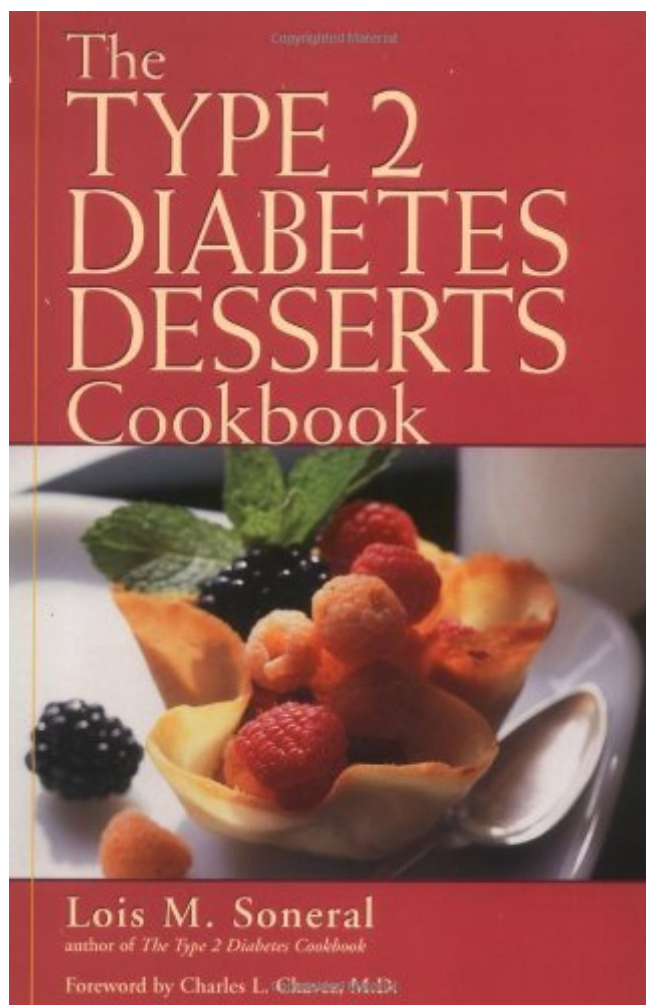


The book was found

Type 2 Diabetes Desserts Cookbook, The



Synopsis

With easy-to-make recipes, even people with Type 2 diabetes can enjoy homemade pies, cakes, cookies, breads, and other delicious desserts. Included are tips for holiday menus, dining out, and avoiding unhealthy temptations. Recipes include nutrient analyses and exchanges.

Book Information

File Size: 1861 KB

Print Length: 256 pages

Simultaneous Device Usage: Up to 4 simultaneous devices, per publisher limits

Publisher: McGraw-Hill Education; 1 edition (April 22, 2000)

Publication Date: April 22, 2000

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B000VYVCO8

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #599,956 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #86

in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Diabetes > Type 2

#413 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Special Diet > Diabetic &

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Desserts

Customer Reviews

I purchased this because a good friend has found he's diabetic and truly loves deserts. This book offers a variety that would appeal to most people. Thank you:)

I am looking forward in using this wonderful cookbook

I am a male who has never cooked until a few years ago. The book has easy to follow uncomplicated recipes with easy to find ingredients. My first try was a cookie that tasted like cardboard but others were just fine.

As a recently diagnosed diabetic I thought that my days of wonderful desserts were over! Then a friend found The Type 2 Diabetes Desserts Cookbook at our local library and brought it to me to read. I have thoroughly enjoyed reading about Ms. Soneral's diabetic experiences as she writes about being a diabetic with an up-beat point of view. The book, not only has recipes for delicious sounding desserts, but also useful cooking hints and information. As a confirmed 'sweet-a-holic', I must say that after reading this book, my outlook for dealing with the diabetes is definitely brighter! Thank you, Lois Soneral. ...

I am really impressed with this book. It gives a lot of good information. I especially liked the section that covers different types of sugar substitutes. The recipes are easy to follow and use simple, common ingredients.

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Type 2 Diabetes: The Type 2 Diabetes Guide With Powerful Type 2 Diabetes Tips (Free Checklist Included) [Type 2 Diabetes, Type 2 Diabetes Cure, Type 2 Diabetes Diet, Diabetes Diet, Diabetes Magazine] TYPE 2 DIABETES DESTROYER: The Secret to REVERSE Type 2 Diabetes, 3 Proven Steps to Reverse Type-2 Diabetes in 11 Days (Diabetes type 2, Diabetes, diabetes ... DIABETES, diabetic cookbook, type 2 diabetes) BLOOD TYPE DIET : Eat recipes according to blood type (blood diet, blood type diet o, blood type diet b, blood type cookbook, blood type a diet, blood type a cookbook, blood type ab, blood type book) Reverse Diabetes: Stop Diabetes Without Drugs (Type 1 and 2 Diabetes, Symptoms, Diabetes Cure, Diabetes Solution, Diabetes Cookbook, Diabetes Diet, Diabetes Nutrition) Diabetes Diet Cookbook: Delicious Low Carb Recipes For Diabetics (Diabetes Miracle Cure, Lower Blood Sugar, Diabetes Desserts) (Diabetes Cookbook, Diabetes ... Type 2 Diabetes, Lower Blood Sugar) Diabetes Diet:: Lower Your Blood Sugar Naturally (Diabetes Diet, Diabetes for Dummies, Diabetes Cookbooks Free, Diabetes Type 2, Diabetes Destroyer, Diabetes Solution, Diabetes Cure) Diabetes: Reverse Diabetes In 4 Weeks With Proven Step By Step Methods And Superior Strategies (+ Bonus Cheatsheet) (Diabetes Diet, Diabetes Type 2, Diabetes Cookbook, Insulin, Diabetes Solution) Diabetes: Fight It with the Blood Type Diet: The Individualized Plan for Preventing and Treating Diabetes (Type I, Type II) and Pre-Diabetes (Dr. ... Eat Right 4 Your Type Health Library) Diabetes: The Most Effective Diabetic Superfoods To Reverse And Prevent Diabetes (Diabetes Diet, Diabetes Cure, Insulin, Type 2 Diabetes, Reverse Diabetes) DIABETES Killer Formula: The Miraculous Guide Will Fully Reverse Your Diabetes and In A Natural Way. (Diabetes Diet, Diabetes Recipes, Diabetes Cure, Reversing ... 2 Diabetes, Diabetes

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